



# Say no to ragging

Be the buddy, not a bully.

Ragging in any form is Punishable.

Ragging scars minds, breaks spirits, and tarnishes the future.

It's not a tradition; it's a crime against humanity. Let's stand against it, for every student deserves a safe and nurturing environment to thrive.

**Call 080-25426977/88**

or UGC anti ragging helpline 1800-180-5522 (24x7 toll free)

or send an e-mail to [Student.grievances@cmr.edu.in](mailto:Student.grievances@cmr.edu.in)

or login to Juno via [www.erp.cmr.edu.in](http://www.erp.cmr.edu.in)

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RAGGING**

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